

# peaceful parent happy kids

## **Books about Pregnancy & Birth for Children**

These are some of the best books about pregnancy and birth for your child – to better help him understand the process, prepare for and bond with his new sibling.

Here is a small sampling of time-tested books so you can locate them easily the next time you visit the library.

For more recommendations based on age and select topics, please visit our website at **PeacefulParentHappyKids.com**.

- 1. Before You Were Born: The Inside Story** by Ann Douglas
- 2. Being Born** by Sheila Kitzinger
- 3. Hello Baby!** By Lizzy Rockwell
- 4. How Was I Born? A Child's Journey Through the Miracle of Birth** by Lennart Nilsson & Lena Katarina Swanberg
- 5. Mommy's in the Hospital Have a Baby** by Maxine B. Rosenberg
- 6. My New Baby and Me: A First Year Record Book for Big Brothers and Sisters** by Dian G. Smith
- 7. What Baby Needs** by William Sears, MD; Martha Sears, RN & Christie Watts Kelly
- 8. Welcome With Love** by Jenni Overend
- 9. We Have a Baby** by Cathryn Falwell

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**10. What Makes a Baby** by Cory Silberberg

**11. Now We Have a Baby** by Lois Rock

For families who lose a baby to miscarriage or stillbirth:

**We Were Gonna Have a Baby, But We Had an Angel Instead** by  
Pat Schwiebert