00:13:17	Candace Kielbiski: Did they tell you what kind of reading dyslexia?
00:15:09 other people to	Dajana Yoakley: He can learn about health and wellness and fitness and how to coach become fit and strong? Can he learn more about that?
00:16:49 school?	Candace Kielbiski: Does he have access to any tech? Do they allow text to speech in
00:17:45	Candace Kielbiski: First Queue:
Nichola	
Disha	
Elana	

00:21:49 Candace Kielbiski: I am not able to receive private messages. If you are having difficulty raising your hand, let me know here in the general chat!

00:22:46 Candace Kielbiski: Rebecca, I am adding you to my long queue. You will see your name in the next group.

00:26:45 Candace Kielbiski: Elisheva, I also have a Dyslexic child. Certain Executive Functions are also often implicated. So it can be so hard to initiate school tasks, or even ordering how to do tasks can be hard.

00:28:13 Heidi Whipple: I really like Bright and Quirky, too. Understood.org and Tilt Parenting also have sections of their websites for dyxlexia

00:29:15 Lauren O'Carroll: So interesting and reassuring to hear Dr Laura's take on rewards in this context. I've been thinking for a while about how rewards might be helpful as external motivators for dopamine deprived brains as well. Always try for intrinsic motivation but doesn't always work for neurodivergents.

00:29:18	Phyllis Jachowski: Seth Perler, Boulder Colo area, has executive function site
00:30:21	Dr. Laura Markham: Orton Gillingham
00:31:14	Heidi Whipple: https://www.orton-gillingham.com/
00:31:39	Heidi Whipple: https://brightandquirky.com/
00:32:08	Heidi Whipple: https://understood.org/
00:33:55	Lauren O'Carroll: So helpful thank you!
00:34:20	Heidi Whipple: https://tiltparenting.com/
00:45:06	Rebecca Tatum: Replying to "Rebecca, I am adding"

00:46:04 Candace Kielbiski: I love this.

00:47:04 Dajana Yoakley: Larry Cohen talks about wrestling to build up a sense of confidence and sense of power. Simple wrestling like him pushing you across the room, or knocking you down, or getting past you and through the door. Meet them where they are, and allow them to overpower you unless they say "you're letting me win!" then up the performance a little bit to give them some more resistance.

00:49:57 Meghan Howcroft: Playful Parenting is SUCH a good book!

00:50:11 Candace Kielbiski: https://www.playfulparenting.com/

00:50:16 Candace Kielbiski: is the website

00:50:43 Candace Kielbiski: https://www.penguinrandomhouse.ca/books/29429/playful-

parenting-by-lawrence-j-cohen-phd/9780345442864

00:50:55 Candace Kielbiski: is his book (via publisher link)

00:54:51 Phyllis Jachowski: http://sethperler.com

executive function, blog, free summits

00:56:32 Heidi Whipple: I have noticed that when I have these types of conversations with my highly sensitive son, he appreciates having this greater understanding of himself, that he perceives things more than others.

00:57:10 Candace Kielbiski: Reacted to "I have noticed tha..." with

00:57:24 Lauren O'Carroll: Likewise Heidi, I think it can be very validating for them

01:01:56 Disha Trivedi: Thanks Lauren and Heidi.

01:06:27 Candace Kielbiski: https://www.ahaparenting.com/read/Preventive-Maintenance-to-Keep-Your-Child-Out-of-the-Breakdown-Lane

01:06:31 Heidi Whipple: Here is the link to the week in the course on preventative maintenance https://courses.ahaparenting.com/pphkc-graduate/week-06

01:08:35 Chaya Weinberg: Pizza game

Push me across the room

Airplane rides

Talk in a funny accent

01:09:07 Candace Kielbiski: Any chase games in our house,

01:09:12 Dajana Yoakley: Tell him not to say a silly word-"whatever you say, don't say banana banana" and then when he says it, tell him "ohhh...you!! I'm gonna get you!" Then chase him!

01:09:28 Dajana Yoakley: Yes, Candace, chase game! lol 01:09:40 Lauren O'Carroll: My kids love to ride on my back and treat me as a horse or dog.

They so love being upside down

## Rolling hugs

## Yes and no game

Yes and no game		
	01:10:36 Keep-Your-Chil	Candace Kielbiski: https://www.ahaparenting.com/read/Preventive-Maintenance-to-d-Out-of-the-Breakdown-Lane
	01:14:32 put-himself-to-	Candace Kielbiski: https://www.ahaparenting.com/read/helping-your-toddler-learn-to-sleep
	01:20:48	Candace Kielbiski: This is such great advice for all of us.
	01:22:07	Lauren O'Carroll: Reacted to "This is such great a" with ♥
	01:26:16	Heidi Whipple: This is so great for us to remember. :)
	01:32:45 intelligence	Candace Kielbiski: https://www.ahaparenting.com/read/play-child-emotional-
	01:34:20 different scena	Candace Kielbiski: The previous linked article has so many amazing games to navigate rios.
	01:47:31	Yvonne Castillo-urbina: Thank you!
	01:47:34	Mishka Willis: Thank you Dr. Laura 💗
	01:47:45	Elisheva Blum: Thank you Dr. Laura and everyone here!
	01:47:51	Nadia Melian: 💟
	01:48:04	Penny Wagner: Thank you! Wonderful session and community as always 💙
	01:48:15	Penny Wagner: Reacted to "This is such great a" with 💙
	01:48:20	Penny Wagner: Reacted to "https://www.ahaparen" with

Candace Kielbiski: https://www.ahaparenting.com/search-

01:48:20 Rebecca Tatum: Thank you!

results?type=20&query=trauma

01:48:20