

00:09:49 Candace Kielbiski: The first queue-
 Mei Yang
 Marian Headon
 Lubna Rasheed

00:15:03 Kim Eisele: great Question thank you and great advice as always

00:16:39 Candace Kielbiski: <https://www.playfulparenting.com/>

00:18:59 Kim Eisele: i have the same issue here

00:20:29 Ellen Larson Davidson: My daughter says some of this stuff too and even says she has a 'dark heart'

00:20:31 Nadia Melian: It would freak me out too! My son keeps asking about why robbers steal and he plays bad super heros.

00:21:01 Sophia Bélanger: Same here with my 5 year old!

00:21:13 Kim Eisele: I can totally understand this, my son says he wants to be a thief when he grows up (7 years old)

00:21:47 Lisette DiPasquale: Could anyone elaborate more about coaching kids when saying 'that made her feel bad.' I have a hard time distinguishing between that hurt her/his feelings without blaming the other for making them feel that way. Does that make sense?

00:21:59 Sammi Cesere: My 5yr old daughter loves pretending to be the villain! She would rather be a villain than a princess

00:22:40 Ellen Larson Davidson: And my son has wanted to find the redeeming qualities in Slytherin house in Harry Potter.

00:23:51 Ellen Larson Davidson: Ooh, power struggle is an interesting aspect with my daughter as I'm also a church minister. I wonder if there is already the pressure of being child of preacher/pastor.

00:25:37 Kim Eisele: how can we teach the older Boys to resist having power over Little Sisters?

00:29:33 Marta Khader: A great book although a little on the young side is Tough Guys Have Feelings Too

00:31:22 Natalie Amorim: This is all so helpful, I love the assignment to journal about what we picture our child/children to be

00:32:53 Mei Yang: Follow up question on my previous question: then what can I coach the big sister to say when she has something better and want to share that?

00:34:13 Catherine: I recommend the book "Reset Your Child's Brain" - it is about doing a 3-week screen fast for your child.
https://www.amazon.com/Reset-Your-Childs-Brain-Screen-Time/dp/1608682846/ref=sr_1_1?crid=3VVRXEKBFZMN5&keywords=reset+your+childs+brain+victoria+dunkley&qid=1639420143&srefix=reset+your+chlid%2Caps%2C239&sr=8-1

00:36:49 sedda "bug" wuller: Can you talk about what happens when the addiction leads to suicidal thoughts? (Loss of connection/friends in pandemic) Particularly if there has been a stated intent and means in the house?

00:37:01 Eva Cartagena: In my child's class there was a kid that was always getting in trouble and my son told me once that that kid was bad. So I tried to "break" the dichotomy Good-Bad and explain to him how there are not good or bad people, but that people DO good or bad

things, and how everybody can make mistakes, and how hurt people can do bad things...

00:37:40 Dajana Yoakley: What if your spouse is also encouraging the kids to play video games so they can eventually play together with the spouse? My spouse sees nothing wrong with it, and it's his hobby in his spare time to socialize with the kids. He grew up with video games.

00:37:51 Candace Kielbiski: Next Queue~

Nova

Elisheva

Catherine

00:38:31 Clara Roulev: I wonder what are some of the programs for teens with gaming and screen addiction; i have a friend who has a 15 year old is really struggling

00:41:57 Dajana Yoakley: Right I'm the enforcer of all the video game rules. But also seen as the bad guy by everyone in the family! Yes my partner would have boundaries for the kids about playing super long and not having interests in other subjects or getting bad grades. But I keep saying it's changing their brains, so less the better!

00:42:56 Lubna Rasheed: Thank you for your suggestions everyone!

00:43:08 sedda "bug" wuller: Re addiction-Thank you!

00:50:45 Candace Kielbiski: I tandem nursed Nova, I did a lot of talking about what it would look like to be comforted in other ways (in calm times) with my three year old

00:52:45 Sammi Cesere: Maybe there is something special you two can do together while baby is nursing- something baby doesn't get to do.

00:56:07 Candace Kielbiski: [https://www.amazon.ca/Mindset-](https://www.amazon.ca/Mindset-Psychology-Carol-S-Dweck/dp/0345472322)

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00:57:21 Sandra Brigman: Homeschool is amazing for this

00:57:25 Sandra Brigman: or Unschool

00:58:04 Sandra Brigman: there is a lot of info here that can help you

00:58:07 sedda "bug" wuller: It's hard to remember that kids with learning challenges are working like 5x harder than peers, but getting 1/4 of the results. It's no wonder a child with these challenges can become dispirited. And it's so hard that teachers treat this as "willfulness" "laziness." Etc and the student gets judged instead of supported. This places a big weight on parents to support the child-in the ways DrL talked about.

00:58:07 Sandra Brigman: <https://www.self-directed.org/contact/media-and-interviews/peter-gray/>

01:00:42 Catherine: Is there a sport or hobby that he enjoys doing? That could help with self-esteem.

01:01:05 Sophie Lefevre: Do you have grand parents near by he could do homework with? My son loves studying with his grand ma. With me I'll have to really push through (he's 13)

01:01:32 Camille Bissmeyer: Mysteries hook my kids

01:01:42 sedda "bug" wuller: Read magazines? There are all kinds of reading, not just books. If he read instructions on pursuing an interest, that would be more motivating. Also audio books count, if he has to read for school.

01:01:46 Lisette DiPasquale: Audio Books!!
01:02:47 Candace Kielbiski: Rock Climbing?!
01:02:55 Clara Roulev: Could he help his classmates with math?
01:03:19 sedda "bug" wuller: Resources for reluctant readers:
Donalyn Miller's Nerdy Book club and blog. Google The Book Whisperer.
Also Jon Sciescka's Guys Read website and books.
01:04:35 Nadia Melian: Thank you!
01:05:07 sedda "bug" wuller: If he likes adventure/climbing there
are tons of practical reads re safety, etc, but the material is more
mature. Feel free to DM me on FB for more info. I have to jet-
competing zooms today!
01:05:49 Filyet Iscimen: Could he read anything about his interest -
body building, muscles etc.?
01:06:34 Lisette DiPasquale: Anyone has any info on dysgraphia?
My 8 year old was just diagnosed and could use some advice how to
help him.
01:10:10 Sara Thatcher: Candace and Heidi, ?? When could I expect to
see an email about registering for next year's Success Path
membership?
Thank you!
01:15:20 Candace Kielbiski: Next queue~
Sandra B.
Lisa M.
Jitka
01:15:28 Heidi Whipple: Lisette - understood.org is a good resource
for learning disabilities
01:18:49 Candace Kielbiski: Catherine~ a resource for moving
<https://www.ahaparenting.com/read/moving-help-child-adjust>
01:24:09 Kim Eisele: we all lose Control sometimes
01:24:25 Lisette DiPasquale: Fellow Latina here. I feel you. I
know exactly what you are referring to. It's so hard to unlearn your
upbringing. You could do it. Break the cycle.
01:24:33 Eva Cartagena: Sandra, what a difficult situation! I feel it
every time we go back to Spain to visit our families, and we stay with
them, an suddenly we start parenting in this way that we don't want
to, the traditional way, and we feel the pressure from our families to
act a certain way, and even when we know better, when we are there, we
can barely do anything the way we want to!
01:25:04 Candace Kielbiski: Sandra, you are here in the right
place <3
01:25:43 Chaya Weinberg: I'm sorry Sandra! It is so hard
01:26:56 Eva Cartagena: Be able to do reparation helped me a lot!
01:29:51 Lisette DiPasquale: Im Colombian too. Boundaries. I had
to set boundaries with my mom and show her there are other ways to
parent.
01:30:03 Rachel Dercher: Have you heard about the Latinx parenting by
Leslie Priscilla? I've only heard some short podcasts by her, but I
think her ideas align with PP.
01:30:46 Marta Khader: Sandra, you are amazing to be parenting with
your mother there. I'm a fellow Latina, like others in this thread,

and I couldn't do it, truly. Brava!

01:31:55 Lisette DiPasquale: You're making me cry Dr. Laura.
Thank you

01:34:58 Sandra Brigman: thanks for all the support !! I need thos
tribe !

01:37:12 Mishka Willis: Hi, I'm Mishka and I am currently in Dr.
Laura's Peaceful Parent Coach Intensive Training. I would be more
than happy to help anyone. It would be wonderful to connect. Please
message me or Candace to coordinate. Thank you so much. :)

01:38:02 Candace Kielbiski: Thanks Mishka! I have noted that,
and can connect anyone interested.

01:39:36 Mishka Willis: Thank you so much, Candace!

01:39:40 Sandra Brigman: I am interested!!

01:40:11 Sandra Brigman: Lisette we should connect!

01:40:23 Sandra Brigman: Thanks Mishka

01:41:04 Mishka Willis: Of course! That would be wonderful, Sandra.
Candace will help connect us.

01:41:30 Candace Kielbiski: I will reach out to you both through
email.

01:41:57 Sandra Brigman: Thanks

01:42:00 Eva Cartagena: Lisa, do you know Glennon Doyle? her book
Untamed talks a bit about her divorce, and her words are so inspiring.
Also her podcast, We Can Do Hard Things...

01:43:58 Lisette DiPasquale: Yes Sandra we should connect.
Candace, anyway we could do that? I would like to connect with Mishka
too.

01:45:15 Lisa M: Thanks, Eva. I've read her book, but will check out
the podcast

01:50:58 Dajana Yoakley: I would say take him outside! Let him run
outside and burn up his energy?

01:53:16 Dajana Yoakley: He sounds like my 9 year old personality.
Tight Hugs work wonders! Just hugging him whenever he passes by! And
laying down to cuddle and kind of wrestle!

01:58:34 Jitka Aldhoun: Thank you Dajana

01:58:47 Sandra Brigman: Lisette are you in the Fb group

02:04:16 Sara Thatcher: Thank you, Dr. Laura!

02:04:22 Eva Cartagena: Thank you!

02:04:23 Chaya Weinberg: thank you!

02:04:27 Sophie Lefevre: Thank you so much. I got a lot even though I
couldn't ask my question.

02:04:28 Lesley Iwinski: Thank you all very much. so grateful for you

02:04:33 Eva Cartagena: Happy holidays, everybody!

02:04:33 Candace Kielbiski: Thank you everyone!

02:04:34 Sophie Lefevre: Have a lovely holiday

02:04:34 Jitka Aldhoun: Thank you so much

02:04:37 Christine Charron: Thank you Dr. Laura!

02:04:45 Sammi Cesere: Bye!