

Office Hours December 2024 - Chat

00:02:03 Dr. Laura Markham: Welcome to Office Hours!

00:04:53 Betsy Schneider (she/her): Apologies that I'm eating on camera 😊

00:09:23 Heidi Whipple: Replying to "Apologies that I'm e..."

No worries!

00:10:29 Dajana Yoakley: Rocio Gonzalez

Olya Lisnic

Tianne Watson

Bunny Eccleston

00:20:56 Arwen Niles: Olya I can relate ❤️

00:21:17 Dajana Yoakley: Reacted to "Olya I can relate ❤️" with ❤️

00:23:04 Dajana Yoakley: Please raise your hand if you have a question and we'll add you to the queue.

00:25:21 Heidi Whipple: Link to parenting coaches trained by Dr. Laura:

<https://www.peacefulparenthappykids.com/coaches-directory>

00:27:15 Dajana Yoakley: Tianne Watson

Bunny Eccleston

Daniel Grinner

00:40:31 Heidi Whipple: Reacted to "SiblingsHealingEntrenchedResentment.jpeg" with ❤️

00:44:43 Heidi Whipple: It's really hard to meet all their needs, with these kids with high needs! I've also found keeping close proximity helpful, as Dajana mentioned.

00:44:52 Dajana Yoakley: Reacted to "It's really hard to ..." with ❤️

00:45:07 Betsy Schneider: It sounds like he might love roughhousing!

00:45:18 Dajana Yoakley: Reacted to "It sounds like he mi..." with ❤️

00:45:28 Heidi Whipple: If you haven't made it to the end of the PPHS book yet, the last couple chapters are great for preparing the kids for the new baby!

00:45:36 Dajana Yoakley: Reacted to "If you haven't made ..." with 👍

00:45:49 Heidi Whipple: Reacted to "It sounds like he mi..." with ❤️

00:47:44 Dajana Yoakley: If you have a question, please raise your hand and we'll get you lined up! 😊

00:48:06 Heidi Whipple: Replying to "It sounds like he mi..."

Lots of roughhousing, sensory play, outdoor play are great for sensory needs.

00:50:02 Tianne Watson: Reacted to "If you haven't made ..." with 👍

00:54:42 Dajana Yoakley: Amanda Eastwood

00:59:53 Eileen Fauver: It's so emotional to hear that demonstration of love and care through an adult apologizing for harm done.

01:00:33 Heidi Whipple: Reacted to "It's so emotional to..." with ❤️

01:01:01 Dajana Yoakley: Reacted to "It's so emotional to..." with ❤️

01:01:26 Heidi Whipple: It takes a lot of self-care to find that inner generosity.

01:01:35 Dajana Yoakley: Reacted to "It takes a lot of se..." with ❤️

01:01:44 Melody Grove: Reacted to "It takes a lot of se..." with ❤️

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01:03:50 Heidi Whipple: Bunny, I think you are amazing for being here and being willing to do this as a grandmother. ❤️

01:04:02 Dajana Yoakley: Reacted to "Bunny, I think you a..." with ❤️

01:04:07 Melody Grove: Reacted to "Bunny, I think you a..." with ❤️

01:04:31 Betsy Schneider: Reacted to "It's so emotional to..." with ❤️

01:04:42 Olya Lisnic: Reacted to Bunny, I think you a... with "❤️"

01:04:42 Eileen Fauver: Reacted to "Bunny, I think you a..." with ❤️

01:04:47 Olya Lisnic: Reacted to It takes a lot of se... with "❤️"

01:04:50 Olya Lisnic: Reacted to It's so emotional to... with "❤️"

01:10:55 Dajana Yoakley: Sometimes when parents are going through a diagnosis, kids will start to think "what if I get that?"

01:11:30 Betsy Schneider: Reacted to "Bunny, I think you a..." with ❤️

01:18:08 Rocio Gonzalez: Your physical transformation would be a magnificent inspiration to show him how the physical body is not something we choose, but live in. And having the opportunity to Show him how to respect and love our amazing body , every phase of our life.

01:18:22 Dajana Yoakley: Reacted to "Your physical transf..." with ❤️

01:18:30 Heidi Whipple: Reacted to "Your physical transf..." with ❤️

01:23:10 Melody Grove: Reacted to "Your physical transf..." with ❤️

01:24:06 Betsy Schneider: There is a lot of inspiration on YouTube, people born with physical challenges.

01:24:11 Dajana Yoakley: Reacted to "There is a lot of in..." with ❤️

01:24:11 Betsy Schneider: Reacted to "Your physical transf..." with ❤️