

00:08:08 Dr. Laura Markham: Welcome to the Workshop on Raising an Only Child

00:20:38 Candace Kielbiski: <https://www.ahaparenting.com/read/teaching-kids-to-play-independently>

00:25:43 Candace Kielbiski: Would this be considered Emeshment?

00:30:24 Michelle Malone: Po Bronson book - NurtureShock: New Thinking about Children (with Ashley Merryman)

00:31:16 Candace Kielbiski: Thank you Michelle for sharing

00:54:05 Candace Kielbiski: the current dyslexia comes with adhd

00:54:11 Candace Kielbiski: according to diagnosis is Canada

00:57:56 Candace Kielbiski: <https://www.ahaparenting.com/coaches-directory>

00:58:25 Candace Kielbiski: Headphones? Can he wear noise canceling headphones?

01:11:32 Kelly Baas: I need to get going. Thanks for another interesting lecture/topic!

01:17:39 Barbara Paixao: Candace, I'm not aware that's the same in the uk; though appears quite common to have both as comorbidities. It does make sense what you say but there appears to be such variability in terms of dyslexia.

01:19:32 Reshmi ME: Dr Laura how can you help the older child/only child unpack "emeshment" - being the "counsellor" for the parent etc. and develop healthy boundaries once they are older

01:19:40 Candace Kielbiski: Dyslexia is such a broad diagnosis. It is also not a 'technical' diagnosis here anymore. I think it is classified as a communication learning difference.

01:22:04 Candace Kielbiski: What seems to be clear is that it is a mix of strengths and weaknesses that are not in alignment with the typical age group. It often comes with different sensory needs, impulse control, and ex. function needs. I guess this is why it is coupled with another diagnosis that encompasses this?

01:22:16 Candace Kielbiski: I personally think the anxiety piece comes from needing to mask

01:25:02 Reshmi ME: So the example is with an adult child but the pattern passes on to their relationships with their own children

01:25:08 Reshmi ME: thanks

01:27:52 Susanna Potter: It's harder to answer those kinds of questions when you have your own emotions about it. They feel hard.

01:27:55 Barbara Paixao: Very interesting Candace; but it is in the DSM5 as a diagnosis; however Psychologists and dyslexia specialists talk of learning differences and brain wiring differences. I have a patient who is 30 and because of his autism was never assessed for dyslexia. and never learned to read. This was only found recently and only now he is learning to read on his own through a computer

program. It is sad that as a society we've tended to focus on the things that make us the same; thus we've not been interested in variability and differences.

01:33:25        Susanna Potter: Thank you, I'm glad you did this topic.

01:33:28        Reshmi ME:     oh just what i needed so happy to hear this

01:33:32        Reshmi ME:     thanks so much!

01:34:01        Reshmi ME:     have a blessed rest of your day Dr Laura and all